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These are the protective measures that apply in your local area from 2 November.
These will be updated, check www.gov.scot for updates.

Remember

FACTS

In all levels and settings, please follow relevant public health advice and requirements such as on the use of face coverings

Socialising No in-home socialising (limited exceptions) 6 people from 2 households outdoors and in public places 	Hospitality Closed 	Travel Essential travel only to or from a level 4 local authority Follow rules and advice on international travel  	Transport Active travel   ✗ No use of public transport, except for essential purposes
Shopping ✗ Non-essential retail closed ✓ Click and collect & outdoor retail permitted 	Close contact services Closed ✗ Mobile close contact services 	Support services Essential/online where possible 	Places of Worship Open Restricted numbers 20 
Early Learning and Childcare Open - targeted intervention may impact capacity 	Informal Childcare ✓ Only for essential workers (see guidance) 	Unregulated (children's) activities ✗ 	Schools Open with enhanced and targeted protective measures  Colleges and Universities Restricted Blended 
Visitor Attractions Closed 	Public Services Essential face-to-face (online where possible) 	Public buildings Closed 	Driving Lessons ✗ 
Offices and Call Centres Essential only/ work from home 	Other workplaces ✓ Essential workplaces ✓ Outdoor workplaces ✓ Construction ✓ Manufacturing 	Shielding Level 4 Shielding Rule 	Sports and Exercise ✗ Indoor gyms closed ✓ Outdoor non-contact sports only 
Leisure and Entertainment Closed 	Life Events Weddings/ civil partnerships: 15 Funerals: 20 Wakes: 20 ✗ No receptions 	Stadia and Events ✗ Events not permitted ✗ Stadia closed to spectators 	Accommodation Essential only (No tourism) 

Latest updates at <https://www.gov.scot/coronavirus-covid-19/>

Check here for the latest face coverings information:

<https://www.gov.scot/publications/coronavirus-covid-19-phase-3-staying-safe-and-protecting-others/pages/face-coverings/>

This table is indicative and will be updated over time. Exemptions apply for these protective measures. Please see guidance for details. Regulations in relation to each level will be published on legislation.gov.uk and relevant public health advice (such as physical distancing and enhanced hygiene measures) applies. Find relevant guidance on www.gov.scot. All restrictions will be kept under review to ensure that they remain proportionate and necessary to address the ongoing public health emergency.